



29 September, 2022

Dear CSE Users,

Anti-pandemic / Social Distancing Measures of CSE (w.e.f. 30 September, 2022)

1) Opening Hours & Prior Registration:

All CSE sports facilities (including Henry Fok Swimming Pool) are now operated as per their normal opening hours. Please click this [link](#) for the opening hours of our different facilities. Users can make online and phone booking as normal.

Please note the use of fitness facilities is still subject to [prior registration](#) (which will open 3 days in advance) and a specific quota of their respective maximum capacity for each 1.5-hour session. Users are strongly advised to make your online appointment first. **Please be reminded that no shows without prior proper cancellation will incur a one-week ban of fitness center use.**

2) LeaveHomeSafe Scan, Body Temperature Measurement and Vaccination Pass:

a) **Latest Vaccine Pass Requirement for Children Entering Sports Premises**

Starting from 30 Sep 2022:

- Children aged 5-11 are required to have received at least 1 dose of vaccination (2 doses are required if 1st dose is received beyond three months);
- Persons aged 12 or above are required to have received 3 doses unless 2nd dose is received for less than 5 months.

Starting from 30 Nov 2022:

- Children aged 5-11 are required to have received 2 doses;
- Persons aged 12 or above are required to have received 3 doses.

b) All users & visitors must scan [LeaveHomeSafe \(LHS\) QR code](#) upon arrival.

Persons listed below may register their visits by written paper form:

- Persons aged 65 or above, OR aged 15 or below*
- Persons with disability
- Other persons recognized by the Government or authorized organizations

* Those aged 15 or below are not required to register, if the accompanying adult who has used mobile LHS has included the minor's vaccine record in his/her LHS app as companion; but presenting paper form of vaccination record is still applicable.

IMPORTANT:

As per the latest guidelines stipulated by the Government, holders of different LHS health QR code will be subject to the following access right / limitations:

BLUE Code:	Holders will be allowed to enter both indoor and outdoor sports facilities, swimming pool and fitness centres.
YELLOW & RED Code:	Holders will not be allowed to enter any sports facilities of CSE.

- c) All users must complete **body temperature measurement**. Any individuals with temperature higher than 37.5°C will be prohibited from entering the facilities and asked to visit a medical professional.
- d) Users (aged 5 or above) of the facilities listed below should **scan their vaccination record/medical exemption QR code** with the mobile device provided by CSE. Entry to the respective facilities is further subject to the related regulation stated in 2a) above.
- Henry Fok Swimming Pool
 - Flora Ho Sports Centre
 - HKU B-Active and CSE Active (open to HKU students and staff only)
 - Fitness Room at Stanley Ho Sports Centre
 - Multi-purpose rooms, 1/F and 2/F at Henry Fok Health and Fitness Complex, Stanley Ho Sports Centre (at the time of check-in)

Please note that CSE staff may request any users/visitors aged 5 and or above to present their vaccination record / medical exemption certificate / LHS health code for inspection.

IMPORTANT:

Meanwhile, users who come to use the CSE sports facilities please kindly note and adhere to the following health precautionary measures:

- 1) Users / visitors are no longer mandatorily required to wear face mask when exercising in indoor and outdoor facilities.
- 2) Those who have respiratory tract infection symptoms such as coughing and running nose, or those feeling unwell, we ask you to be courteous to others and refrain from using the sports facilities.
- 3) Members who have been tested positive (as determined by the [Centre for Health Protection](#) (CHP) should avoid visiting our facility for 7 days or more from the date of positive result.
- 4) Members who have been in close contact with a test positive case (as determined by the CHP) should avoid visiting our facility for 7 days or more starting from the last date of exposure to the test positive case.
- 5) Members returning to Hong Kong (including any travel to mainland China and Macau) must avoid using the sports facilities and adhere to the [Government requirements](#) after the date of their return.
- 6) Users who play racket sports, please bring your own racquets as no sports equipment will be on loan during this period of time. Also, only users who have court bookings (advance or walk-in booking) are allowed to enter the Flora Ho Sports Centre.
- 7) Users who drive to the Stanley Ho Sports Centre can go through the car entrance as normal upon presentation of their valid card. However, all other passengers (if any) must get out of the car and use their own membership access card to enter the sports centre through the pedestrian entrance. By so doing, CSE would then be able to keep a full record of users entering the sports centre.
- 8) In addition to the normal [guest policy](#) of CSE, all guests are also required to adhere to all the requirements as stated herein.
- 9) Users are strongly advised not to gather together in groups of more than 8 persons and it is recommended, as far as possible, to maintain an appropriate social distance (1.5m or more) from one another.
- 10) CSE may request any users who do not follow any of the above precautionary measures to leave the sports centres immediately.

Regards,
Centre for Sports and Exercise, HKU